

1 Sustainable fashion

SPEAKING OUTPUT | A short talk

GOAL | Explain concepts related to fashion

MEDIATION SKILL | Using questions to take notes

WARM-UP

1 Work in pairs and answer the questions.

- How often do you buy clothes?
- Where do you buy them?
- What do you do with your clothes when you stop wearing them?

PREPARE

2 Match these fashion trends to the photos.

- | | |
|---------------------|----------------|
| 1 clothing rental C | 4 fast fashion |
| 2 DIY fashion | 5 slow fashion |
| 3 ethical materials | 6 3D printing |



- 3 3.08 Read the Scenario. Which fashion trend in Exercise 2 is not environmentally friendly? Listen to the recording and check your answer.

SCENARIO

Imagine you have applied to study fashion at a college in England. You have an interview via video call in a few days. The college has asked you to prepare a short talk about environmentally friendly trends in the fashion industry. You have found a recording on the topic that could help you.

- 4 3.08 Read the Mediation Skill box. Listen to the recording again. Take notes on the fashion trends. Use the three questions in the box to help you focus.

MEDIATION SKILL



Using questions to take notes

Before you listen to a recording, write down the questions that you want to answer. This will help you focus more effectively on the recording and organise your notes. Don't write complete sentences, just note down key words. You can use your notes to write complete sentences afterwards:

Example:

- What is the trend? *slow fashion*
- What does it involve? *opposite of 'fast fashion', choosing clothes carefully, keeping them longer*
- Why is it better for the environment? *buy fewer clothes, not throw them away*

MEDIATE

- 5 Prepare a short talk about environmentally friendly trends in the fashion industry. Use your notes from Exercise 4 and expand them into complete sentences.

I'd like to start by talking about 'slow fashion'. It's the opposite of 'fast fashion'. 'Slow fashion' involves choosing clothes carefully and keeping them for longer. It's better for the environment because we buy and throw away fewer clothes.

- 6 Work in pairs. Take turns to give your talk. Then discuss these questions.

- Did your partner explain each trend clearly?
- Did he/she explain why each trend is environmentally friendly?
- Is there anything your partner could do to improve his/her talk?

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CEFR mediation descriptor: Can summarise the main points made in long texts delivered orally on topics in his/her fields of interest, provided that he/she can listen or view several times.

TIMING | 40 minutes

LESSON OVERVIEW

The goal of this lesson is to listen to and take notes on a recorded text; then use the notes to prepare a short talk that summarises the most important information from the recording.

WARM-UP

1

- Put students into pairs to discuss the questions and make notes.
- Nominate a few students to share what they discussed with the rest of the class. Find out what most of the class does with their clothes when they stop wearing them and if this is good or bad for the environment.

PREPARE

2

- Give students a few moments to look at the photos and match them with the five remaining fashion trends.
- Check answers with the whole class.

Answers:

2 B 3 D 4 F 5 E 6 A

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- Focus students on the task. Give them time to read the Scenario before noting down their answer to the question.
- Play the recording so students can check their answer. Elicit why the trend is not environmentally friendly.

Answer:

Fast fashion is not environmentally friendly because factories make lots of clothes quickly and cheaply. People wear the clothes for a short time, then throw them away.

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- Give students time to read the Mediation Skill box.
- To help students organise their notes during the second listening, draw a large table like the one below on the board. Elicit and complete the information for 'slow fashion'. Give students time to copy the table.

What is the trend?	What does it involve?	Why is it better for the environment?
A <i>slow fashion</i>	<i>choosing clothes carefully, keeping them longer</i>	<i>buy fewer clothes, not throw them away</i>
B		
C		
D		
E		

- Play the recording again, pausing as needed. Students listen and take notes to complete their table. Play the recording a further time if necessary.

MEDIATE

5

- Ask students to read the Scenario again and check that they understand the task.
- Ask students to use their notes to write out their short talk. When they have finished, encourage them to check their work and practise reading it out.

6

- Put students into pairs. Ask them to take turns to give their talks to each other.
- Give them time to discuss the questions. Encourage them to give constructive feedback to each other.
- If there is time, nominate some students to share their talk with the rest of the class.

The key mediation criteria to evaluate this activity are:

- learner can identify the main points of a recorded text and use questions to organise their notes.
- learner can transform their notes into complete sentences.
- learner can prepare a short talk that summarises the main points in the recorded text.

The following examples show the kind of student output that can be expected. Marks awarded are based on the key mediation criteria above.

EXAMPLE OUTPUT A

Fashion is going through some big changes at the moment. Some of these changes are very positive for the environment.

I'd like to start by talking about 'slow fashion'. 'Fast fashion' has been popular for a long time. This is when we buy a lot of clothes and throw them away after a short time. 'Slow fashion' means we choose clothes more carefully and keep them for longer instead of just throwing them away. It's better for the environment because we buy fewer clothes.

Next is DIY or do-it-yourself fashion. This is when people transform old clothes into new ones by adding new features or mixing materials. It's a great way to recycle clothes which is more environmentally friendly.

Clothing rental is also growing in popularity. Clothing rental companies allow people to rent outfits instead of buying them. Sharing clothes is better for the planet.

3D printing of clothes is another cool trend. 3D printers are good for the planet because they don't create much waste.

Finally, designers are starting to use ethical, organic materials like cactus plants, pineapples and mushrooms to make alternatives to leather or plastic. These materials are more eco-friendly.

All these trends are good for fashion and better for the planet.

Teacher's comments

The presentation successfully identifies each of the five fashion trends described in the recording. It clearly describes them in complete sentences and explains why they are environmentally friendly.

Marks: 4.5/5

EXAMPLE OUTPUT B

'Slow fashion' is like 'fast fashion', but it's better for the environment because it's slower.

You can also transform old clothes into new ones. It's good because it's like recycling.

Clothing rental is also very good for the planet because you save money on clothes.

Then there is 3D printing for clothes, but it's expensive.

Some designers can also make clothes from pineapples and mushrooms which is more natural than plastic.

So, there are many environmentally friendly fashion trends which are good for the planet.

Teacher's comments

The presentation mentions the five fashion trends, but it doesn't name all of them. It doesn't describe them very well or accurately and doesn't really explain how each one is environmentally friendly.

Marks: 1/5

AUDIOSCRIPT

 3.08

Fresh trends

What's been happening in the world of fashion? The way we make and buy clothes is changing. Here are some of the key trends.

A Slow fashion

'Fast fashion' used to be really important. When a celebrity wore a new outfit, a copy could be in the shops within days. Some of the biggest high street stores made their money this way. Factories made clothes quickly and cheaply. People wore these items for a short time and then threw them away. Slow fashion, on the other hand, encourages us to be kind to the planet. Recently more people have been following this trend to choose clothing carefully and to keep it for longer.

B DIY fashion

One trend linked to slow fashion is DIY (do-it-yourself) fashion. This often involves working with second-hand clothes. Many young designers have been making old clothes into different ones, so, for example, jeans might become shorts or a jacket. They often mix and match materials or add new features such as belts, chains or different fabrics. Reusing clothes like this means we don't throw things away. It's also a great way of creating an individual look.

C Rental

For people who love wearing lots of different clothes, clothing rental is becoming more popular. You can rent clothes from special companies or designers. There are different ways to pay – for example, you could borrow one outfit for a few days. Alternatively, you can rent a few clothes every month. Sharing clothes like this is good for the planet.

D 3D printing

For a new look, you could try some futuristic 3D printed clothes like some of the costumes in the *Black Panther* films. The good thing about 3D printing is that there is very little waste. Each item is made to fit the person who buys it. However, the machines are expensive and it's easier to make shoes than clothes.

E Ethical materials

Do you think animal-friendly clothing is important? Designers in Mexico have been working on a special kind of 'leather' made from cactus plants. Others have made plant leather from pineapples and mushrooms. Plant materials are much kinder to the planet than plastic or leather from cow skins. We're lucky to have so many new, planet-friendly options. Fashion has always been about expressing your identity, but it's good to know that we can do this without damaging the environment.